



PARENT AND DANCER SURVIVAL GUIDE

2013

SEISKAYA



NUTCRACKER 2013

You have been chosen to perform in Seiskaya's Nutcracker 2013. We know how hard you are all working to make this the most exciting Nutcracker ever. We appreciate all the rehearsals, late nights and aches and pains. But, we now need to concentrate on making this the most polished and professional production it can be.

This year, you'll notice that the rehearsal schedule is the same as last year. We will have an **A** cast performing on Friday night and Sunday afternoon, a **B** cast performing on Saturday afternoon and Monday night and a **C** cast performing on Saturday and Sunday evenings. Before the "Nutcracker weekend," we will have a Tuesday night rehearsal for the **C** cast, a Wednesday night rehearsal for the **B** cast and the full dress Thursday night rehearsal for the **A** cast. As always, anyone not dressing on Friday for a specific role will be required to dress for their assigned rehearsal(s). The Staller Center crew will be under stress because they only have Sunday and Monday to hang the show. The Tuesday and Wednesday night rehearsals might be longer than usual.

Please try to pay attention to all directions, corrections and last minute changes. There will be a lot of them, and they will be very important to the finished product. You are all exceptional young adults with a dancer's ability to learn quickly. Thank you for all your extra efforts and caring.

Costume Mistress Sue DiFiore thanks the moms and dads in advance for all their help. We will be asking for volunteers for both the dress rehearsals and the performances at the Staller Center. There will be a sign-up sheet posted in Studio A for both events. It is very important that all pieces of the costumes are put away properly, so please take a few extra minutes to ensure that your child has returned their costumes to the correct hanger, totes, etc. Following dress rehearsal, the costumes will be packed up and shipped to the Staller Center for the performances.

As we begin fitting costumes in October/November there will be small sewing jobs which I will need help with. There will be a rack in Studio A with costumes which will need some sewing work. Each costume will have a note explaining what needs to be done (i.e. hooks/eyes on left side).

As a note of appreciation for other dancers who may be sharing your costumes...some foods, such as garlic, will come out through your pores when you sweat, so please be considerate of others when choosing your food prior to dancing.

DRESS AND MAKE-UP INFO

PARTY SCENE:

Clara:

- Hair: "Clara Style", top and sides pulled to top back of head with non-shiny hair clip or elastic with no metal. Set with soft waves and curls, bow secured on top of clip.
- Shoes: Pointe shoes.
- Tights: Ballet pink.
- Make-up: Brown eye shadow, eyeliner, mascara, powder blush and lipstick.

Fritz:

Hair: (as applicable) Men's style- flat bun, high on top of head to fit under the hat, smooth sides and back with **no** flyaway wisps, shiny bobby pins or hair clips.
Shoes: Black ballet slippers, with PINK elastic.
Tights: Ballet pink.
Make-up: (Not applicable to males.) Brown eye shadow, eyeliner, mascara, powder, blush and lipstick.

Friends of Clara & Fritz**Boys:**

Hair: Flat bun on top of head, smooth sides and back, with no flyaway wisps.
Shoes: Black ballet slippers, with PINK elastic.
Tights: Ballet pink.
Make-up: Brown eye shadow, eyeliner, mascara, powder, blush and lipstick.
Leotard - Black.

Young Boy Guests:

Shoes: Black ballet slippers, with PINK elastic.
Tights: Ballet pink.

Girls:

Hair: "Clara Style", top and sides pulled to top back of head with non-shiny hair clip or elastics with no metal. Set with soft waves and curls, bow secured on top of clip.
Shoes: Pink pointe shoes.
Tights: Ballet pink.
Make-up: Brown eye shadow, eyeliner, mascara, powder, blush and lipstick.

Young Girl Guests:

Same as Girls - Friends of Clara except black ballet slippers with PINK elastics.

Mothers & Fathers:

Females: Assigned garments.
Males: Black Tie tuxes as assigned.
Shoes: Black low heeled shoes for mothers, and black tie-up shoes with black socks for the fathers.
Make-up: Eyeliner, eye shadow, mascara, powder, blush, lipstick.

Drosselmeyer:

Hair: Your own dashing style.
Shoes: Black.
Socks: Black.
Make-up: Discretionary.

Maids:

Hair: Low bun.
Shoes: Black character shoes.
Tights: Black.
Make-up: Eye shadow, eyeliner, mascara, powder, blush, lipstick.

Chocolate Soldier:

Hair: High bun on top of head.
Shoes : Brown ballet slippers.
Socks: Brown to match pants.
Make-up: Brown eye shadow, eyeliner, mascara, powder, lipstick and red stick-on cheeks.

Doll:

Hair: Parted in middle, with Braid Loops over each ear. Secure Bows.
Shoes: Pointe shoes.
Tights: Ballet pink.
Make-up: Eye shadow, eyeliner, mascara, powder, blush, lipstick and red stick-on cheeks.

DREAM SEQUENCE:

Mice:

Hair: Low pony tail clipped securely to the back of the head.
Shoes: Black ballet slippers.
Tights: Black tights or black socks over your pink tights.
Make-up: None necessary/Stocking mask is provided.

Mouse King:

Hair: (If applicable) low pony tail.
Shoes: Black ballet slippers.
Tights: Black.
Make-up: None necessary/stocking mask is provided.

Soldiers:

Hair - High bun on top of head, no flyaway wisps - **hair net required.**
Shoes - Black ballet slippers with PINK elastic.
Tights - Ballet pink.
Leotard - Tan or white sleeveless leotard under costume.
Make-up - Brown eye shadow, eyeliner, mascara, lipstick & red stick-on cheeks.

Cavalry:

Hair: High bun on top of head, no flyaway wisps - **hair net required.**
Shoes: Pink ballet slippers.
Tights: Ballet pink.
Make-up: Discretionary with red stick-on cheeks.

SNOW SCENE:

Snow:

Hair: Low bun. - **hair net required**
Shoes: Pointe shoes.
Tights: Ballet pink.
Make-up: Eye shadow, eyeliner, mascara, powder, blush, lipstick and Snow Armbands & Crown. **NOTE: ARMBANDS# & CROWN# MATCH DRESS#.**

Snow Queen:

Hair: Low bun. - **hair net required**
 Shoes: Pointe shoes.
 Tights: Ballet pink.
 Make-up: Eye shadow, eyeliner, mascara, powder, blush, lipstick & tiara.

ACT TWO:**Sugar Plum:**

Hair: Low bun. - **hair net required**
 Shoes: Pointe shoes.
 Tights: Ballet pink.
 Make-up: Eye shadow, eyeliner, mascara, powder, blush, lipstick & tiara.

Angels:

Hair: Low bun on back of head, tucked into head piece
 Shoes: Pink ballet slippers.
 Tights: Ballet pink
 Leotard: Tan or white sleeveless worn under costume.
 Make-up: Brown eye shadow, eyeliner, mascara, powder, blush, lipstick.
PARENTS: (Lipstick must only be applied right before going on stage to prevent staining costumes.)

Spanish:

Hair: Low bun, with curls drawn on sides of cheeks. - **hair net required**
 Shoes: Character.
 Tights: Black.
 Make-up: Eye shadow, eyeliner, mascara, powder, blush, lipstick.

Arabian:

Hair: Low bun, at nape of neck. - **hair net required**
 Shoes: None.
 Tights: None. Tan or flesh colored lollipop pants.
 Make-up: Eye shadow, eyeliner, mascara, powder, blush, lipstick and body jewels.

Trepak:

Hair: Low ponytail, clipped securely to the back of the head.
 Shoes: Black ballet slippers.
 Tights: Black socks or black cutoff tights.
 Make-up: Brown eye shadow, eyeliner, mascara, powder, blush, lipstick.
***IMPORTANT* - Dickie is to be worn all the way UP.**

Chinese:

Hair: Low bun on the back of the head. - **hair net required**
 Shoes: Pink pointe shoes.
 Tights: Ballet pink.
 Make-up: Eye shadow, eyeliner, mascara, powder, blush, lipstick.

Bo Peep:

Hair: Flat bun at back of head or Clara style. Hat secured back to show face with curls attached.
Shoes: Pointe shoes.
Tights: Ballet pink.
Make-up: Eye shadow, eyeliner, mascara, powder, blush, lipstick.

Sheep:

Hair: High flat bun on the top of the head with no flyaway wisps.
Shoes: Black pointe shoes dyed black with floral spray paint or permanent black fabric marker. Use black ribbon and black elastic, **not** pink that has been dyed.
Tights: Black opaque socks.
Make-up: Eye shadow, eyeliner, mascara, powder, blush, lipstick.

Mother Ginger:

Hair: Wig
Make-up: Discretionary

Polichinelles:**Boys:**

Hair: Bun on top of head, with no flyaway wisps-**hair net required**. Hat secured with crisscrossed pins and elastic band.
Shoes: Black ballet slippers with pink elastic.
Tights: Ballet pink.
Make-up: Brown eye shadow, eyeliner, mascara, powder, blush, lipstick, and red stick-on cheeks.

Girls:

Hair: Two braids secured with clear elastics and pinned to the front of the head. No elastics with metal connectors and no colored elastics. Flower wreath secured with crisscrossed pins.
Shoes: Pink ballet slippers.
Tights: Ballet pink.
Make-up: Brown eye shadow, eyeliner, mascara, powder, blush, lipstick, and red stick-on cheeks.

Clowns:

Hair: Bun on top of head.
Shoes: Black ballet slippers, with PINK elastic.
Tights: Ballet pink.
Make-up: Eye shadow, eyeliner, mascara. powder, blush, lipstick and stick-on cheeks.

Dew Drop:

Hair: Low bun.
Shoes: Pointe shoes.
Tights: Ballet pink.
Make-up: Eye shadow, eyeliner, mascara, powder, blush, lipstick & Crown.

Flowers:

- Hair: Low bun, with wreath of flowers secured on top of head. - **hair net required**
- Shoes: Pink pointe shoes.
- Tights: Ballet pink.
- Make-up: Eye shadow, eyeliner, mascara, powder, blush, lipstick.
- *Flower Soloist to wear wreath with darker pink flowers!**

PLEASE PAY SPECIAL ATTENTION:

There is a great need for extreme care in handling these expensive costumes. Avoid becoming the group that changes Seiskaya's no cleaning charge policy!

- 1) Please be aware that once you are dressed in costume, you may **not sit down in your costume, especially on the floor.**
- 2) **THERE IS NO EATING IN COSTUME! NO FOOD OR DRINK IS ALLOWED IN THE DRESSING ROOM AT ANY TIME – NO EXCEPTIONS!**
- 3) Please be calm, quite and professional at all times. Please don't run around as you will get hurt, and we don't need any injured dancers. Also there are other events taking place at the Staller Center at the same time so please be respectful of the other performers.
- 4) If you are not performing, you should be in the dressing room or green room and **OUT OF COSTUME. Dancers are not allowed to sit in the audience at anytime during the performance – ESPECIALLY IN COSTUME!**

NECESSARY ITEMS TO PACK - NUTCRACKER

Comb, brush, lots of bobby-pins, a good hair spray, hair nets, make-up that is required for your part, an extra pair of tights, curling iron if needed, lots of safety pins. Please bring several needles with pink or black thread, as appropriate, for sewing pointe shoe ribbons. Smocks for applying make-up are a great idea.

NUTCRACKER NOTES: 2013**IMPORTANT:**

Please be sure to sign in at the theater when you arrive. Sign in sheets will be placed at the top of the stairs outside the stage door. This includes all of the cast, back stage dressers, and supervising parents.

IMPORTANT:

For the safety of everyone, **NO ONE** is allowed backstage unless you are scheduled to be on stage or you have been assigned to work in the back stage area during rehearsals and performances. Unfortunately this applies to both dancers and their parents! There are a lot prop and scenery changes taking place and there is limited space. We thank you in advance for your cooperation!

IMPORTANT:

Do not share your eye make-up and eye brushes with each other. You could get a serious eye infection and spread it around to each other. Clean all your make-up tools and stay healthy. We need you!!! Also, if you are bringing a water bottle, please label it!

GENERAL RULES OF CONDUCT

(TOP ELEVEN WAYS NOT TO GET YOURSELF IN TROUBLE!!!)

- 1) **PARTICULARLY FOR YOUNGER DANCERS, NO ONE SHOULD WANDER AROUND ALONE. This is an open college campus and caution is required!**
- 2) **NO FOOD - REPEAT - NO FOOD** can be brought into the Staller Center Auditorium during rehearsals or at any other time. There is a small area with benches outside of the first theater entrance doors that can be used for food. **Violate the no food-in-the-theater ban, and your parents pay the Staller imposed \$500.00 fine!!!**
- 3) Please make sure **all** your personal items have your name on them and that you take them home with you. **We are not responsible for items left behind!**
- 4) When not on stage, all personnel should be sitting quietly, either in the auditorium or when appropriate, in their dressing rooms. **NO ONE IS TO BE RUNNING AROUND THE STALLER CENTER - theater, stairwells, lobby, hallways, etc.!**
- 5) Please make sure that all hair elastics match your hair color and have no metal on them. **Hair nets are a must for stray ends.**
- 6) All make-up must be approved by **Mrs. DiFiore**. There will be **no** glitter make-up tolerated, except for Arabian. We are asking that everyone use either **Cover-Girl “Out last” or Maxfactor “Lipfinity” lipsticks**. Start with the color “Lingering Spice” in Cover Girl and go up to two shades darker or lighter to match your coloring. Please, no bright red, pink, coral, etc. You may use blush and conservative eye make-up. No jewelry is allowed on stage unless you are dancing a soloist role at the time. Jewelry must be approved by Mrs. DiFiore.
- 7) **ACD III & IV may not put on their own make-up.** Only designated Moms may put it on for them. Please make sure costumes are on before applying make-up (smocks over costumes would be appreciated).
- 8) **There will be no food or drink allowed in dressing rooms except water.** This will be strictly enforced. All food will be set up on one side of the green room. **NO ONE IN COSTUME WILL BE ALLOWED IN THE GREEN ROOM.**
- 9) Again, only dancers and assigned personnel will be permitted backstage or in the dressing rooms.

- 10) Each dancer is responsible for his/her own costume and delivering ALL parts of the costume to the next person using it before the next show. **Do not leave anything on stage or in the quick change rooms.** It is the responsibility of the dancer using the costume for each show to make sure that they have ALL of it well before curtain time. If something seems to be missing, inform the adult dressing room personnel in a timely fashion.
- 11) We know it is difficult when changing quickly, but please be careful putting costumes on and taking them off. Make sure that your costume goes back on the correctly labeled hanger. All head pieces must be returned to their appropriate places and not hung on hangers!

Last, but not least... All pointe shoes must be secured so that ribbons do not dangle or come untied. This may require a few tacking stitches. Mrs. DiFiore will teach any dancer or parent how to sew them. Sloppy pointe shoes may result in instantaneous dismemberment at the hands of the backstage crew. **A pointe shoe/ribbon/strings/hair stage monitor will be assigned.** Always use common sense. If its not here, then ask for guidance. The road to hell is paved with good intentions.

NOW GO AND HAVE FUN!

PARKING DIRECTLY BEHIND THE STALLER CENTER IS STRICTLY PROHIBITED, UNLESS YOU HAVE BEEN GIVEN A PERMIT TO PARK BACK THERE. PLEASE BE ADVISED YOU WILL BE TICKETED AND POSSIBLY THE AUTO BOOTED.

REHEARSAL AND SHOW TIME SCHEDULES:

Tuesday December 17th Cast C @ 7:00PM:

Dress: work clothes, unless you are not in the dress rehearsal on Thursday.

5:30 - All PREPRO, and any other dancers who are dancing en pointe for that performance, in the theater ready to take a **one-hour warm-up on stage.** Keep the chatter to a minimum during class and get properly warmed up. All others may arrive at 6:30PM except Angels who can come at 7:15PM. Stage call is 6:30PM.

6:30 - End of one-hour warm-up for PREPRO.

7:00 - Tech begins with show run from top to bottom. The purpose of this rehearsal is a full run through and blocking of the show. We will work on specifics as the opportunity allows. Ends around 11:00PM. If you are not rehearsing then quietly sit in the audience. Do not go into the lobby or leave the premises at any time without an adult accompanying you. This is for your safety and our peace of mind.

Wednesday December 18th Cast B @ 7:00PM:

Dress: work clothes, unless you are not in the dress rehearsal on Thursday.

- 5:30 - All PREPRO, and any other dancers who are dancing en pointe for that performance, in the theater ready to take a **one-hour warm-up on stage**. Keep the chatter to a minimum during class and get properly warmed up. All others may arrive at 6:30PM except Angels who can come at 7:15PM. Stage call is 6:30PM.
- 6:30 - End of one-hour warm-up for PREPRO. All personnel should locate their dressing rooms, be knowledgeable about tight costume changes and the location of on/off stage quick change stations. Find out who the costume personnel are for Thursday & show dates.
- 7:00 - Tech begins with show run from top to bottom. This rehearsal is for the tech crew not Seiskaya. We will work on sections as the opportunity allows. Ends around 11:00PM. If you are not rehearsing then quietly sit in the audience. Do not go into the lobby or leave the premises at any time without an adult accompanying you. This is for your safety and our peace of mind.

IMPORTANT NOTE - THE PARKING GARAGE ATTENDANTS LEAVE (TUES-FRI.) AT ELEVEN - YOU MAY HAVE TO MOVE YOUR CAR. PARKING FEES WILL APPLY. ALWAYS OBSERVE CAMPUS PARKING RESTRICTIONS.

Thursday December 19th Cast A Full Dress Rehearsal 7:30PM:

- 5:30 - All PREPRO, and any other dancers who are dancing en pointe for that performance, in the theater for a **one-hour warm-up class**. Keep the chatter to a minimum during class. All others report by 6:30PM except Angels who can come at 7:15PM. Please get to your dressing rooms and into costumes for a 7:30PM stage call.
- 6:30 - Report to dressing rooms.
- 7:30 - Prompt start for full dress. Tardiness will not be tolerated. If you are not ready and properly dressed, you are late. Make-up is optional, however your make-up kit has to be available for inspection. There will be photo sessions intermittently during and after the rehearsals. Estimated time of departure 11:00PM. If you are not rehearsing then quietly sit in the audience. Do not go into the lobby or leave the premises at any time without an adult accompanying you. This is for your safety and our peace of mind.

Note: **Make sure all costumes, accessories and props are returned to their proper place. Please report any damage to costumes or props, regardless of how minor you think it is, immediately to Sue DiFiore (costumes or props). This includes make-up on a costume. This will ensure that no one will go out on stage with a torn or soiled costume and all props are in their proper location and working properly.**

THERE MAY BE PARKING RESTRICTIONS ON THE GARAGE. LISTEN FOR ANY ANNOUNCEMENTS.

PERFORMANCES

Friday, December 20th - 7:00 Evening:

- 4:30 - All PREPRO, and any other dancers who are dancing en pointe for that performance, arrive at theater (no later), with your hair placed for your appearance on stage. **Class on stage at 5PM - 1 hr.** Everyone else to arrive at 5:30. Angels arrive at 6:15PM.
- 6:00 - Return to designated dressing rooms to apply make-up and put on costumes.
- 6:30 - Be completely ready for your first appearance on stage. Please remain in dressing room until directed to go backstage by your chaperon. Everyone having a Quick Change in Act I shall bring their costume and all accessories to the Quick Change Room. Act II Quick Changes should not be brought up until intermission!
- 7:00 - Show time!
- 9:00 - Please make sure your costumes are hung up properly on the correct hangers, and deliver any costume issues to Mrs. DiFiore before heading for home!

Saturday, December 21st - 2:00 Matinee:

- 11:30 - PREPRO arrive at theater (no later), with your hair placed for your appearance on stage. Everyone else to arrive at 12:30. Angels arrive at 1:15PM.
- 12:00 - There will be a **1-hour warm-up class on stage** for All PREPRO, and any other dancers who are dancing en pointe for that performance.
- 1:00 - Return to designated dressing rooms to apply make-up and put on costumes.
- 1:30 - Be completely ready for your first appearance on stage. Please remain in dressing room until directed to go backstage by your chaperon. Everyone having a Quick Change in Act I shall bring their costume and all accessories to the Quick Change Room. Act II Quick Changes should not be brought up until intermission!
- 2:00 - Show time!
- 4:00 - After the show, all principals, guest artists and featured soloists go out to lobby in costume to sign autographs. Please make sure your costumes are hung up properly on the correct hangers. Remember to deliver costumes & accessories to the next person wearing them before leaving for break!
- 4:30 - On break until evening show. **No students permitted to leave unless accompanied by their parents.** **You must also sign out and notify Valia or a staff member.** It is recommended that you relax and stay in the dressing room area or the Green Room.

Saturday, December 21st - 7:00 Evening:

4:30 - All PREPRO, and any other dancers who are dancing en pointe for that performance, arrive at theater (no later), with your hair placed for your appearance on stage. Everyone else to arrive at 5:30. Angels arrive at 6:15PM.

6:00 - Return to designated dressing rooms to apply make-up and put on costumes.

6:30 - Be completely ready for your first appearance on stage. Please remain in dressing room until directed to go backstage by your chaperon. Everyone having a Quick Change in Act I shall bring their costume and all accessories to the Quick Change Room. Act II Quick Changes should not be brought up until intermission!

7:00 - Show time!

9:00 - Please make sure your costumes are hung up properly on the correct hangers, and deliver any costume issues to Mrs. DiFiore before heading for home!

Sunday, December 22nd - 1:00 Matinee:

10:30 - All PREPRO, and any other dancers who are dancing en pointe for that performance, arrive at theater (no later), with your hair placed for your appearance on stage. Everyone else to arrive at 11:30. Angels arrive at 12:15PM.

11:00 - There will be a **1-hour warm-up class on stage** for All PREPRO, and any other dancers who are dancing en pointe for that performance.

12:00 - Return to designated dressing rooms to apply make-up and put on costumes.

12:30 - Be completely ready for your first appearance on stage. Please remain in dressing room until directed to go backstage by your chaperon. Everyone having a Quick Change in Act I shall bring their costume and all accessories to the Quick Change Room. Act II Quick Changes should not be brought up until intermission!

1:00 - Show time!

3:00 - After the show, all principals, guest artists and featured soloists go out to lobby in costume to sign autographs. Please make sure your costumes are hung up properly on the correct hangers. Remember to deliver costumes & accessories to the next person wearing them before leaving for break!

3:30 - On break until evening show. No students permitted to leave unless accompanied by their parents. **You must also sign out and notify Valia or a staff member.** It is recommended that you relax and stay in the dressing room area or the Green Room.

Sunday, December 22nd - 6:00 Evening:

3:30 - All PREPRO, and any other dancers who are dancing en pointe for that performance, arrive at theater (no later), with your hair placed for your appearance on stage. Everyone else to arrive at 4:30PM. Angels arrive at 5:15PM.

5:00 - Return to designated dressing rooms to apply make-up and put on costumes.

5:30 - Be completely ready for your first appearance on stage. Please remain in dressing room until directed to go backstage by your chaperon.

6:00 - Show time!

8:00 - Please make sure your costumes are hung up properly on the correct hangers, and deliver any costume issues to Mrs. DiFiore before heading for home!

Monday, December 23rd - 7:00 Evening:

4:30 - All PREPRO, and any other dancers who are dancing en pointe for that performance, arrive at theater (no later), with your hair placed for your appearance on stage. Class on stage at 5PM - 1 hr. Everyone else to arrive at 5:30. Angels arrive at 6:15PM.

6:00 - Return to designated dressing rooms to apply make-up and put on costumes.

6:30 - Be completely ready for your first appearance on stage. Please remain in dressing room until directed to go backstage by your chaperon. Everyone having a Quick Change in Act I shall bring their costume and all accessories to the Quick Change Room. Act II Quick Changes should not be brought up until intermission!

7:00 - Show time!

9:00 - Please make sure your costumes are hung up properly on the correct hangers before heading for home! **Clean up time.**

ALL BACKSTAGE PERSONNEL, ANY CAST PARTY NOTWITHSTANDING, SHOULD MAKE SURE THAT THE SET IS PROPERLY STRUCK AND THAT ALL COSTUMES AND PROPS ARE PACKED. VOLUNTEERS ARE NECESSARY TO HELP PACK-UP THE COSTUMES AFTER THE FINAL PERFORMANCE. PLEASE DO YOUR PART IN DELIVERING COSTUMES TO THE COSTUME MISTRESS. EVERYTHING SHOULD BE READY FOR 12/20/11 MORNING PICKUP AND RETURN TO THE SEISKAYA STUDIOS.

BACKSTAGE AT THE NUTCRACKER '13

It is upon us.....The Nutcracker. For those who are new to the Production, this is a primer of our backstage goings-on. For those returning, this is a reminder. While the “magic” is happening on stage, those members of the cast not immediately involved are asked to keep busy, **IN** their dressing rooms or the Green Room. Please bring activities – small crafts, games and of course books to help pass the time. The

Green Room will be set up as a place to relax and nourish both body and mind. Due to the stringent schedule and time parameters, it can be difficult to get out for meals.

For the past eleven Nutcrackers we've had a wonderful sharing table/snack buffet set up all day, everyday and replenished throughout the weekends. The "spread" is an assortment of healthy, nourishing and just plain, tasty treats. To continue this, we need everyone's involvement. **We ask each family to make or buy something to put out on the table one day of each weekend, a sharing table.**

We also ask for a \$25.00 donation per person per weekend (may be subject to change - see Patty Miller) to help cover the cost of coffee, tea, hot cocoa, paper goods and possibly more. In the past, we have had substantial meals...heros, salads, soups...so everyone can relax and eat, instead of running to find a decent meal between shows each day. There is a large cast involved and if everyone chips in, the cost and burden of feeding everyone will not be overwhelming. Please start thinking of how you will donate or participate. A sign up sheet will be circulating soon. Set up, Mealtime, and Cleanup shifts will be needed daily for the Green Room /Kitchen, as well as One (1) donated platter per family per weekend.

We will especially need jugs of water – the beverage of choice. Bags of Ice too! Soda and juice (too sugary and messy if spilled) should be labeled and brought in for personal consumption only.

One last very important reminder

There is to be NO eating or drinking in or near the costumes. These costumes must remain in pristine condition for the duration and stains cannot be risked. Once again – No one, No age, for ANY reason may consume any food or beverage in costume. Also, please be careful of any costumes in the Green Room area. Period. Enough said!

As you, we all look forward to a great Nutcracker Season as well as a smoothly run and nourishing Backstage. Volunteer sign-up sheet will be posted in Studio A in December. Any questions, contact Patty Miller at email (patty61320@aol.com).

Suggestions:

Vegetables & Dip

Fruit bowl / Salads

Clementines

Bagels & Spreads

Small Sandwich Platters

Croissants

Danishes

Orange Juice

Cheese & Crackers

more Salads

Nuts & Dried Fruit

Chips & Dip

Finger Foods

Desserts

Creamer

Milk

Any Costco/BJ type trays of ready-made

Mantra: Learn everything - expect nothing!
**Rewarding kids for naught helps you understand
the ridiculous situation that it has wrought.**
Getting somethin' for nothin' just doesn't work.
Remain calm at all times.

Note for 2013

**Always try to keep things
in perspective. If you
have a problem, please
ask for help.**



Event: Seiskaya Ballet's production of the Nutcracker
Location: Staller Center for the Arts, Stony Brook University
Tickets are available only through the Staller Box Office or on-line.

Dates: December 20 through 23

Show Times: Friday, December 20, 2013 at 7PM
Saturday, December 21, 2013 at 2PM & 7PM
Sunday, December 22, 2013 at 1PM & 6PM
Monday, December 23, 2013 at 7PM

Cost: Adults - \$40
Children & Seniors - \$34
Groups > 20 - \$30

**All tickets will receive an automatic \$5 discount if
purchased before December 1, 2013.**